



Packing List

- long pants or trousers as well as shorts
 - long-sleeved light weight shirts as well as t-shirts and short-sleeved shirts
 - sweatshirt or fleece pullover
 - sneakers or hiking shoes
 - Crocs or flip-flops for use in the showers or in the lake
 - swimsuit and some water shoes
 - lightweight pajamas or simply shorts and a T-shirt to sleep in
 - rain ponchos or jackets
 - hat and sunglasses
 - bandanas (help you cool off)
 - prescription medication
 - toothbrush, toothpaste, mouthwash, and dental floss
 - antiperspirant and/or deodorant (including for junior high age boys!)
 - feminine hygiene items
 - shaving supplies
 - shampoo, conditioner and soap
 - hand towels, bath towels and a beach towel
 - set of sheets, pillow and pillow cases or a sleeping bag
 - sunscreen and bug spray
 - flashlights and **extra batteries**
 - musical instruments
 - cameras, film, memory cards and batteries
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