



ChaliceSparX
UU FAMILY CAMP

Handbook

July 8-10, 2022
at Camp Friedenswald

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Our Covenant

In recognition that we are an intentional community, we, the participants and staff of Chalice Sparx Family Camp covenant to:

Welcome one another

Respect all people through our words and actions

Treat all people fairly and with kindness

Learn and play together

Encourage each person's search for what is right and true in life

Listen to people of all ages

Be good stewards of the natural environment

Pitch in to help keep our common spaces clean

As a community living together we will support one another in this covenant, gently helping each other return to right relationships whenever we stray from our covenant.



Safety Policies & Regulations

As participants in Chalice Sparx Family Camp, it is our responsibility to maintain a safe and caring community for everyone. Please read the following very carefully and talk to your children and youth about these guidelines before your arrival. Because these policies are so essential to the safety of the community, consequences for violation may result in you and your family being asked to leave the camp without a refund of registration fees.

Respect Our Host Site Rules

Illegal drugs, firearms, and fireworks are not permitted on Camp Friedenswald property. Tobacco Smoking is only permitted in the parking lots and at your camp site. The same rule holds true for vaping apparatuses.

If you have prescriptions for yourself or your child that are considered controlled substances, they should be secured and locked away.

Marijuana is now legal for recreational use in the state of Michigan by persons over the age of 21. Like any consumption of alcohol by an adult, we should model responsible, appropriate use and moderation.

Anyone who allows access to alcohol, marijuana, or prescription drugs to a minor (whether intentionally or unintentionally) will be required to leave without a refund as will any adult who appears to be drunk or too high for normal functioning. While this is subjective, remember we are a family friendly camp. Don't make us have to require an alcohol and marijuana-free policy for future years and name it after you.

When carpooling, no adult who has been consuming alcohol or marijuana will be able to be the driver of the vehicle.



We all love our pets, but please leave them at home! Camp Friedenswald does not allow pets on the campgrounds.

Swimming & Boating Rules

There is a lake with a beach at Camp Friedenswald just down the road from Sycamore Lodge. Swimming and water play will only be allowed on Saturday during the hours of 3-5 pm when the lifeguard is present.

Be mindful that even though there is a lifeguard designated for our group, an adult **MUST** accompany children under age 10 either in the water or close by if needed. No children will be allowed to swim without a responsible adult present.

Canoeing will be available as a group as a scheduled activity and this is the only time that the canoes can be used. Everyone canoeing must wear a lifejacket regardless of swimming ability. Please make sure there is at least one adult who has canoeing experience in the canoe.



After Hours

Quiet time for the Sycamore Lodge is 10:00 pm. For those staying in Sycamore Lodge, please keep to the 10 pm quiet rule in the upstairs of the Lodge. This includes youth and adults who enter the building after this time.

Children aged 12 and over are allowed to stay up past 9 pm as long as they are in the common area of Sycamore Lodge playing board games. Under no circumstances should children aged 12 and over be in another family's sleeping room after 9 pm.

Adults may choose to gather around the bonfire outdoors or in the common area of Sycamore Lodge for some late night adult time and as long as the children they are responsible for are in their sleeping rooms.



No one under 18 will be permitted to leave the building alone, with a buddy, or an adult who is not their parent or guardian after dark (unless a special after-hours activity like a night hike is planned).

It gets very dark out in the woods at night, so any adults who need to move about after dark should carry flashlights and be extra careful watching out for tripping hazards.

Sunburn, Poison Ivy & Insect Bites

Much of the camp experience takes place outdoors which brings with it the possibility of sunburn. Since Sycamore Lodge is situated in the woods, there are also the possibilities of bug bites, insect stings and poison ivy.

Parents are encouraged to bring along bug spray and ointment for stings -- and make a point of applying sunscreen to their children's skin before outdoor programs (the mosquitoes are really abundant this year due to the warm and very wet spring our area has had).

If you should forget to bring along sunscreen or bug spray, we have some extras available on a limited basis.

Parents and guardians should also check themselves and their children each night before bed to make sure no ticks have attempted to ride along.



Supervision of Children and Youth

Parents and guardians are responsible at all times for the care and well-being of their children under the age of 18. Because this is a multigenerational camp, most of our scheduled activities are open to all ages. During free time, adults may wander the grounds on their own, but anyone under the age of 12 needs adult supervision. Persons between the age of 12—18 will not be allowed to wander the grounds and trails by themselves or one-on-one with another teenager or adult who is unrelated to them.

Chalice Sparx is a very kid-friendly environment, and most of the activities are designed for people of all ages. Parents and guardians may make arrangements amongst themselves to designate an adult to accompany their children during a walk, a swim, or other activity. However, **these arrangements must be mutually agreed upon in advance in order to ensure the safety of all children at camp.** The designated adult will carry a charm with the child's name on it while they are temporarily the child's guardian.

Meals

Meals will be served at Sycamore Lodge just for our group. Families can choose to eat inside the lodge or outdoors.

8am Breakfast on Saturday and Sunday

12pm Lunch on Saturday and Sunday

5:30 pm Dinner on Saturday

Vegetarian options will be available on the buffet line at each meal. Vegan and gluten-free options (or any other special requirements for allergies) can be provided if we are notified in advance of the camp.



Sleeping Accommodations

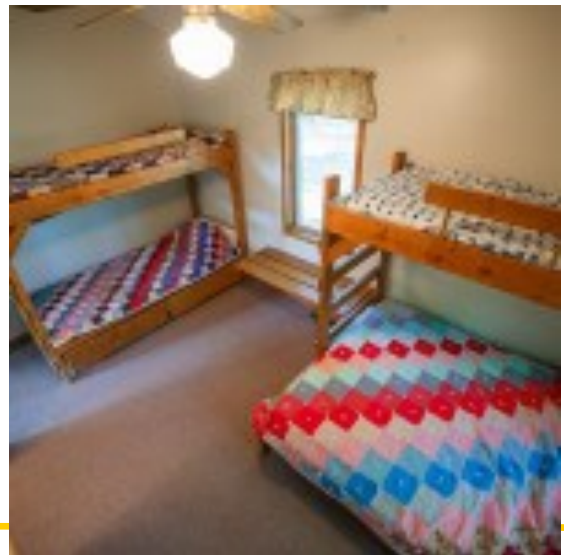
You will receive your room assignments upon check-in when you arrive. If there is any problem with the room you and your family have been assigned, please let one of our camp staff know. We will do our best (within reason) to address your concerns.

Any room changes (except for the accommodation of special needs like accessibility) may require an additional fee and must be made through camp staff. Please: No room trading unless you check with us first!

All children and youth must room with their parents. Everyone is required to sleep in their own room.



Note: Sheets and pillow cases will not be provided for families staying in Sycamore Lodge. If you and your family are staying there, you will need to bring along a set of twin-size sheets or a sleeping bag to put on the mattress for every member of your family. Don't forget to bring a pillow for everyone in your family.



Most of the rooms in the Sycamore Lodge have a double bed and three single bunk beds. In each room is also a cube cut out of the wall in which older youth could sleep and younger children will have fun playing in. Each room sleeps up to 6 people and except for the room on the first floor, every room has a private bathroom.



Parking at Camp Friedenswald

Sycamore Lodge is located via an access road before you reach the main parking lot and main office. Regardless of where you will be staying, most of our community activities will take place in this building or in the secluded area around it.

Look for the Chalice Sparx signs to guide you where to turn.

Our registration table will be out there by the road. You may park your vehicle in the parking lot by Sycamore Lodge.

Please come and check-in at Sycamore Lodge to get any updates on schedules, your name tag, a camp map, and your room assignment. Campers may want to check in at Sycamore Lodge before getting their campsite set up at the designated camping area on the field by Sycamore Lodge.





Special Needs of Infants & Toddlers

Parents and guardians with young children under the age of 5 are encouraged to bring a Pack-and-Play or portable bed rail so their children have a safe place to sleep. A battery-operated nursery monitor is helpful to anyone who wants to join in common room activities with a child sleeping in their family's room.

Booster seats or portable high-chairs are recommended for meal times. There is a limited supply of these available at the camp.

Refrigerators are available in Sycamore Lodge for the storage of milk, juice, or meals you need to prepare for picky eaters or children who suffer from multiple food allergies.

If you plan to keep anything in the refrigerator, it should be labeled with your family's name so no confusion results. Plates, cups and flatware are also available in each of the buildings, but will need to be washed after use. There are no bottles or sippy cups available at the camp, so if your child requires those, you will need to bring your own.

Please do not bring noisy, battery-operated toys. These will only disturb other campers and could cause problems with other children wishing to play with them.

Camp Schedule

	Friday	Saturday	Sunday
8:00 - 9:00		Breakfast at Sycamore Lodge	Breakfast at Sycamore Lodge
9:00 - 9:30		Yoga for All Ages	Free time
10:00 - 11:00		Worship for All Ages	Worship for All Ages/ Going Home Closing Ritual
11:00 - Noon		Explore Stations (All Ages Activities)	Wagon Ride
Noon - 1:00		Lunch at Sycamore Lodge	Lunch at Sycamore Lodge
1:30 -- 2:30		Archery Lessons	
3:00 - 4:00		Swimming Or Canoeing or free time	
4:00 - 5:00		Swimming Or Canoeing or free time	
5:30 - 6:00		Dinner at Sycamore Lodge	
7:00 - 8:30	Welcome Orientation & Community Building	Drum Circle (All Ages)	
8:30 - 9:30	Bonfire & S'mores & camp sing-a-long	Popcorn at Mosquito Hollow	

Above all ...



Let's
**STAY SAFE
& HAVE FUN**



What To Bring

- Sneakers or hiking shoes
- Swimsuit and water shoes
- Rain poncho (just in case!)
- Hat and sunglasses
- Bandanas (to cover "camp hair" or help you cool off when soaked with icy cold water)
- Prescription medicine
- Personal toiletry items
- beach towels
- Hand and bath towels
- Sunscreen and bug spray
- Flashlights with batteries
- Musical instruments that you play for the sing-a-long
- Snacks for between meal treats
- Bed Sheets or sleeping bag
- Pillow
- Reusable plastic water bottle

What Not To Bring

- Strollers (paths are jagged and basically unpaved)
- Noisy, battery operated toys
- Portable gaming systems
- Laptop computers (there is no wifi in the Lodge)
- Tablets (except if used for reading)
- Fireworks/Firearms/Illegal Drugs

